

Rotary



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peace through service
Switzerland / Liechtenstein Chapter

Rotarian Peace Projects Incubator

Project Proposal Form

Rotarian Peace Projects Incubator's Thematic Area	Healthcare as an agent for Peace
Rotary Focus Area	Maternal and Child Health
Contact: Contact person within your group (Name and email)	Narayan Chetry Email: mail2ncdrnarayan@gmail.com
Project Title: Provide a full title (and acronym if any)	Contributing to positive peace by enhancing wellbeing of mothers and children
Project Partners and Participating Organisations: List all your project partner organisations, including participating Rotary clubs and districts if any	Rotary club of Guwahati West under District 3240 Dr Narayan Chetry, MD, MPH Rotary Peace Fellow Alumn Current Position: Consultant Doctor at MRMM Hospital Kokrajhar, Assam Dr Paranjoy Bardoloi Fulbright Conflict Resolution Fellow Alumn Current Position: State IEC officer State TB cell Directorate of Health Services, Govt. of Assam
Geographical Scope	150 tea gardens from Darrang, Udalguri, Sonitpur and Nagaon districts of Assam, India
Summary: Please provide a concise summary with a maximum of 500 words outlining the project and explaining the community needs your project will address and how these needs were identified. Ensure that you include what your project aims to achieve (objective) and how (method/procedure). What will be the main outcomes? Explain in a few sentences how you will incorporate the objective of sustainability into your project.	Our project is to build a sustainable good health of mother and children for socially, economically backward tribes through family planning and appropriate new born care. Maternal Mortality Rate(MMR) and Infant Mortality Rate(IMR) is highest in the state Assam, India. MMR and IMR in Assam are 300 and 44 against the national figure of 167 and 37 respectively. "Tea-tribe" is one of the major community in Assam which have high maternal and child

mortality. Factors like socio-economic backgrounds of tea labourers, illiteracy, early marriage and stigma-associated with health related issues are major causes of high fertility of the women which makes them more prone to death or pregnancy complications as compared to women from other communities. In this context, family planning services are one of the proposed ways to reduce maternal and child mortality along with intensive Information, Education and Communication(IEC) campaign. Traditionally, family planning services have always targeted females with little or no attention to males. Lack of male involvement in pregnancy and child related care in this community is one of the major causes of maternal and child mortality. Our project focus on the involvement of men in family planning and reproductive services along with women. The program will enhance spousal communication, improve gender equitable attitudes and increase family planning use.

Methods/Procedures: We will develop a training curriculum for the community health volunteer(CHV) and train them with knowledge in family planning and early newborn care. We will also focus on enhancing counselling skills of CHVs. The trained CHVs will reach out to the community and make a routine home visit providing knowledge in family planning and child health care. We will appropriately utilize IEC campaigns to reach each and every vulnerable population in the community. Male partners will be encouraged to participate in the family planning and reproductive health services along with women.

	<p>Our project aims: To achieve the sustainable good health of mother and child free from preventable maternal and child death.</p> <p>Objectives of the project:</p> <ol style="list-style-type: none"> 1. To train and enhance the community health volunteers with knowledge in family planning and new born care. 2. To improve health seeking behavior of the couples in the community. 3. Information, education and communication using social media and other networking with the vulnerable community. <p>The outcome of the project is to build sustainable good health of mother and child in the vulnerable community.</p> <p>Since we will incorporate the community engagement strategy through the integration of volunteers from within the community, the program will reach a greater population. Furthermore, engaging community members as volunteers also creates community ownership and increase trusts in and overall sustainability of the program.</p>
<p>Beneficiaries: Who are the beneficiaries? Please include the estimated number of direct beneficiaries</p>	<p>Tea Tribe from the various tea estates of Assam. We will try to incorporate 150 tea gardens from Darrang, Udalguri, Sonitpur and Nagaon districts of Assam over a period of three years.</p>