

Project Proposal Form

Rotarian Peace Projects Incubator's Thematic Area	Building Trust in Post-Conflict Communities
Rotary Focus Area	Peacebuilding and Conflict Resolution, Maternal and Child Health; Community Economic Development
Contact: Contact person within your group (responsible for this project proposal)(Name + email)	Karin Augustat karin.augustat@gmx.net
Project Title: Provide a full title (and acronym if any)	Ending the Cycle of Violence: Empowering communities to overcome conflicts and trauma for building a peaceful future
Project Partners and Participating Organisations: List all your project partner organisations, including participating Rotary clubs and districts if any	PEACE AND CONFLICT RESOLUTION (PCR Foundation) Contact Persons (Coordinators): Samuel Muderhwa and Mrs. Faida Mutula www.peaceconflictresolutionproject.webs.com (participating Rotary clubs and districts still need to be found and included)
Geographical Scope	Democratic Republic of Congo, South Kivu Region and beyond, Bukavu (headquarters)
Summary: Please provide a concise summary with a maximum of 500 words outlining the project and explaining the community needs your project will address and how these needs were identified. Ensure that you include what your project aims to achieve (objective) and how (method/procedure). What will be the main outcomes? Explain in a few sentences how you will incorporate the objective of sustainability into your project.	Background: The people of Eastern D.R.Congo have passed through unimaginable chaos caused by the wars that have taken place in the region for tenth of years.They have suffered from many human losses, evictions, displacements, sexual gender based violence (SGBV - rape as a weapon of war) and impoverishment. Family and community structures were deeply destabilized or breaking apart. Minor reasons can cause new violent conflicts. The local NGO "PEACE AND CONFLICT RESOLUTION (PCR)" has been working in the region since 2004. By working with the local communities as a humanitarian organisation, they identified as major needs: Skills how to resolve conflicts at community level; to restore broken relationships of families and communities and peaceful relations; individual and collective rehabilitation from trauma; support to vulnerable (young) single mothers, often displaced and victims of SGBV, and to vulnerable children, reduction of poverty. Objective of this project: to end this cycle of violence and instability by empowering the communities to overcome conflicts and trauma for building a peaceful future.

	<p>Approaches and Methods:</p> <ul style="list-style-type: none"> • To develop multiplication systems of local trainers of trainers, who can reach out within the communities to train and assist them in conflict resolution skills as well as in self-help-oriented individual/collective trauma rehabilitation • To assist and support holistic “community-healing” processes combined with peace education , sociotherapy, mediation, conflict resolution, restorative justice and peace-building in schools • To elaborate participatory pilote models and testing them, finally create training manuals which can be used by more communities and more local trainers in other regions • To support (vulnerable) women and young single mothers and promote them as key multipliers, also strengthening their capacities and opportunities for income generation, self-confidence and better care of their children <p>Expected outcomes:</p> <ul style="list-style-type: none"> ➤ Multiplication systems and local trainers and peace-building leaders become adopted and used by the local communities taking ownership of these transformation processes ➤ Communities, families and individuals get more and more free from toxic burdens of traumatic experiences and acquire new capacities for conflict resolution, trust-building, peaceful relations, reconciliation and new solidarity ties. ➤ Decreasing number of violent conflicts ➤ Increasing psycho-social and socio-economic restoration, more income and more stability ➤ Women becoming self-confident, playing more important roles within community transformation processes as change agents and peace-building leaders <p>Sustainability: If the people can profit from local multiplication and training systems acquiring these new skills and taking up ownership of their restoration and “healing” processes within their own cultural and socio-economic context, this new awareness and new capacities cannot become lost but become sustainable, as the communities can continue to use and profit from these processes of building peace without further input from outside.</p> <p>Risks: New armed conflicts breaking out by outside actors and political players the local communities cannot control and encounter with their own conflict resolution capacities.</p>
<p>Beneficiaries: Who are the beneficiaries? Please include the estimated number of direct beneficiaries</p>	<p>Direct beneficiaries: communities, vulnerable women and children, individuals with post-traumatic disorders.</p> <p>The more multiplication of capacities and skills, the more communities and beneficiaries, the more transformation, the more resolved conflicts, the more peaceful relations, the more socio-economic development and future peaceful perspectives...</p> <p>Later this elaborated and tested model of multiplication and training of trainers for community-based conflict resolution and trauma rehabilitation could also be extended to other regions in DR Congo, which could then increase much more the number of beneficiaries.</p> <p>Estimated number: hundreds up to thousands of (in)direct beneficiaries</p>