



# Rotarian Peace Projects Incubator

2022 Edition – [www.rppi.ch](http://www.rppi.ch)

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<b>Rotarian Peace Projects Incubator’s Thematic Area</b>	<b>Saving Mothers and Children</b>
<b>Rotary Focus Area</b>	<b>Peacebuilding and economic development</b>
<b>Contact:</b> Contact person within your group (responsible for this project proposal)(Name + email)	Nar Bahadur Saud <a href="mailto:saud.nary@gmail.com">saud.nary@gmail.com</a>
<b>Project Title:</b> Provide a full title (and acronym if any)	Empowering a group of the female ex-combatants in a community in Nepal
<b>Project Partners and Participating Organisations:</b> List all your project partner organisations, including participating <b>Rotary clubs and districts</b> if any	International Mental Health Association (IMHA), USA Rotary Club of Matribhumi, Baluwatar, Nepal (Club ID: 87769)
<b>Geographical Scope</b>	Dang district of Lumbini Province, Nepal
<b>Summary:</b> Please provide a concise summary with a maximum of 500 words outlining the project and explaining the community needs your project will address and how these needs were identified.  Ensure that you include what your project aims to achieve (objective) and how (method/procedure). What will be the main outcomes?  Explain in a few sentences how you will incorporate the objective of sustainability into your project.	<b>Problem description</b>  Out of 19,602 verified ex-combatants who fought against the state, 3,846 (19.63 percent) were female in the Maoist Insurgency. Out of 15,624 ex-combatants from 66 districts who opted for voluntary retirement, 3,454 (22.11 percent) were female. The majority of ex-combatants including female combatants resettled throughout the country after receiving financial compensation from the government in 2012. The support was intended to support the start of their new journey in life. Experiences and researches show that female ex-combatants are often perceived negatively in their communities. For instance, they were treated as a destroyer and killers in the past. Additionally, many feel betrayed politically, that the time and energy they sacrificed for the country was in vain. As if the trauma they carry is not enough of a burden, their livelihoods are severely limited. Their training as combatants fails to serve them now, and often limiting their abilities to create peaceful, sustainable livelihoods. Following the trauma of conflict, they struggle to survive and to take care of their children.

	<p><b>Project objectives and goal</b></p> <ul style="list-style-type: none"> <li>➤ To build individual capacity for sustainable income generation.</li> <li>➤ To improve autonomous decision-making skills towards the development of new livelihoods.</li> <li>➤ To facilitate improved internal community relationships by building a foundation of trust between ex-combatants and community members.</li> <li>➤ To lay the foundation for ex-combatants to expand livelihood-sustaining activities and develop leadership skills.</li> <li>➤ Mental wellbeing - lead to physically and mentally healthier individuals, leading to increase in DALYs/QALYs (i.e., increased quality of life), we can also use formal &amp; informal measurements for mental health like scales, interviews, etc.</li> </ul> <p><b>Project description</b></p> <p>The core activities of the project are divided into two segments: self-development and livelihood engagement. First, the beneficiaries will learn and practice life skills such as decision making, self-awareness, problem-solving, stress management, motivation, and positive thinking as part of their trauma-informed mental health training through somatic and organic empowerment approaches. Second, they will be trained on sustainable income-generating activities, such as the production of off-seasonal vegetable farming.</p> <p><b>Sustainability</b></p> <p>This initiative has no conflict of interest and will be implemented solely for the wellbeing of female ex-combatants and their families. Thus, this initiative will have full local ownership, built through collective leadership. To support and supervise the activities, a coordination committee will be formed including the local government agencies. It can be believed that once they are motivated and engaged in any income generation activities, they will continue themselves for their sustained and secured future.</p>
<p><b>Beneficiaries:</b> Who are the beneficiaries? Please include the estimated number of direct beneficiaries</p>	<p>Families of 10 women ex-combatants of Dang district in Nepal. This will encompass their family members as well.</p>
<p><b>Project Period</b></p>	<p>February to 2022 to October 2022</p>

**Project Timeline:**

S. N.	Activities	Timeline (Months in 2022)									
		Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov
1.	Scoping and interest mapping in the targeted community										
2.	Beneficiary identification and orientation										
3.	Training and skill enhancement										

4.	Implementation of selected activities										
5.	Reporting and presentation										

**Project budget:**

Category	Unit	Number of Units	Unit Cost (US \$)	Amount (US \$)	%
<b>Skill Enhancement</b>					
Assessment cost	Times	2	1,000	2,000	
Travel and logistic cost for coordination	Times	4	1,000	4,000	
Reporting and presentation cost	LS		1,000	1,000	
<b>Implementation</b>					
Cash support to purchase essential goods – start up fund support	Person/Family	10	1,500	15,000	
<b>GRAND TOTAL (in US \$)</b>				22,000	
In words: US Dollars Twenty-two thousand only.					

**Thank you!**